

Corrales Senior Center Calendar – October 2026 Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
			1 ZUMBA CANCELLED 10:00 Project Linus (Quilt) 2:00 Ukulele Group 8:00 - 4:00 Open Gym	2 Line Dancing 9-10 Beginners Intermediate 10-11 2:00 - 3:00 Tai Chi 8:00-4:00 Open Gym
5	6	7	8	9
8:30 - 9:30 Yoga w/Julie 9:30 Hook,Yarn & Needles 12:30 Craft Circle 2:00 - 3:00 Tai Chi 8:00-4:00 Open Gym	8:30 - Zumba w/Dolores 9:45 - 10:30 Seated Zumba Gold 8:00 - 4:00 Open Gym	9:00 - 10:00 Yoga w/Teri 10:00 - 11:00 Conversational Spanish Class Senior Helpers Rep 12:45 Bingo 8:00 - 4:00 Open Gym	8:30 - Zumba w/Dolores 9:45 - 10:30 Chair Zumba 10:00 Project Linus (Quilt) 2:00 Ukulele Group 8:00 - 4:00 Open Gym	Line Dancing 9-10 Beginners Intermediate 10-11 2:00 - 3:00 Tai Chi 8:00-4:00 Open Gym
12	13	14	15	16
8:30 - 9:30 Yoga w/Julie 9:30 Hook,Yarn & Needles 12:30 Craft Circle 2:00 - 3:00 Tai Chi 8:00-4:00 Open Gym	8:30 - Zumba w/Dolores 9:45 - 10:30 Seated Zumba Gold 1:00 Grief Support Group 8:00 - 4:00 Open Gym	9:00 - 10:00 Yoga w/Teri 10:00 - 11:00 Conversational Spanish Class 11:30 Humana Rep 12:45 Bingo 8:00 - 4:00 Open Gym	8:30 - Zumba w/Dolores 9:45 - 10:30 Chair Zumba 10:00 Project Linus (Quilt) 2:00 Ukulele Group 8:00 - 4:00 Open Gym	Line Dancing 9-10 Beginners Intermediate 10-11 2:00 - 3:00 Tai Chi 8:00-4:00 Open Gym
19	20	21	22	23
8:30 - 9:30 Yoga w/Julie 9:30 Hook,Yarn & Needles 12:30 Craft Circle Conference on Aging 2:00 - 3:00 Tai Chi 8:00-4:00 Open Gym	8:30 - Zumba w/Dolores 9:45 - 10:30 Seated Zumba Gold Conference on Aging 8:00 - 4:00 Open Gym	9:00 - 10:00 Yoga w/Teri 10:00 - 11:00 Conversational Spanish Class Conference on Aging 12:45 Bingo 8:00 - 4:00 Open Gym	8:30 - Zumba w/Dolores 9:45 - 10:30 Chair Zumba 10:00 Project Linus (Quilt) 2:00 Ukulele Group 8:00 - 4:00 Open Gym	ALL CENTERS CLOSED FOR BI-ANNUAL TRAINING
26	27	28	29	30
8:30 - 9:30 Yoga w/Julie 9:30 Hook,Yarn & Needles 12:30 Craft Circle 2:00 - 3:00 Tai Chi 8:00-4:00 Open Gym	8:30 - Zumba w/Dolores 9:45 - 10:30 Seated Zumba Gold 8:00 - 4:00 Open Gym	9:00 - 10:00 Yoga w/Teri 10:00 - 11:00 Conversational Spanish Class 12:45 Bingo 8:00 - 4:00 Open Gym	8:30 - Zumba w/Dolores 9:45 - 10:30 Chair Zumba 9-1 Scam Jam 10:00 Project Linus (Quilt) 2:00 Ukulele Group 8:00 - 4:00 Open Gym	Line Dancing 9-10 Beginners Intermediate 10-11 11:30 Placitas Halloween Party 2:00 - 3:00 Tai Chi 8:00-4:00 Open Gym

Activities Date & Time Subject to Change