

| Monday                                                                                                                                                                                                                                                                                                          | Tuesday                                                                                                                                                                                                       | Wednesday                                                                                                                                                                                                  | Thursday                                                                                                                                                      | Friday                                                                                                                                                                          |
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|                                                                                                                                                                                                                                 |                                                                                                                                                                                                               |                                                                                                                                                                                                            | 1                                                                                                                                                             | 2                                                                                                                                                                               |
|                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                               |                                                                                                                                                                                                            | 7:30 Open Gym<br>8:15 Pilates<br>9:30 Yoga<br><b><u>10:00 Pre Pre Christmas Shenanigans Savers, Black Friday, Old Town &amp; Lunch</u></b><br>1:00 Zumba Gold | 7:30 Open Gym<br>8:30 Zumba<br><b><u>10:00 Gem &amp; Mineral Show</u></b><br>11:00 Enhance Fitness<br><b><u>1:00 Bingo</u></b><br><b><u>1:00 Billiards</u></b><br>1:00 Open Gym |
| 5                                                                                                                                                                                                                                                                                                               | 6                                                                                                                                                                                                             | 7                                                                                                                                                                                                          | 8                                                                                                                                                             | 9                                                                                                                                                                               |
| 7:30 Open Gym<br>9:00 Yoga<br>11:00 Enhance Fitness<br><b><u>1:00 Mahjong Misfits</u></b><br><b><u>1:00 Billiards</u></b><br>1:00 Open Gym<br><b><u>2:00 Holiday Party Planning w Karlene . You like snacks? We have cookies!!</u></b>                                                                          | 7:30 Open Gym<br>8:15 Pilates<br>9:30 Zumba<br><b><u>1:00 Mahjong Mavens Jardineros</u></b><br><b><u>1:00 Billiards</u></b><br>1:00 Open Gym                                                                  | <b><u>6:00 Mass Ascension Balloon Fiesta</u></b><br>7:30 Open Gym<br><b><u>8:00 Road runner food bank</u></b><br><b><u>10:00 Project Linus</u></b><br>11:00 Enhance Fitness<br>1:00 Mo Fit<br>3:15 Tai Chi | 7:30 Open Gym<br>8:15 Pilates<br>9:30 Yoga<br>1:00 Zumba Gold<br><b><u>1:00 Billiards</u></b>                                                                 | 7:30 Open Gym<br>8:30 Zumba<br><b><u>10:00 Medicare 101</u></b><br>11:00 Enhance Fitness<br><b><u>1:00 Bingo</u></b><br><b><u>1:00 Billiards</u></b><br>1:00 Open Gym           |
| 12                                                                                                                                                                                                                                                                                                              | 13                                                                                                                                                                                                            | 14                                                                                                                                                                                                         | 15                                                                                                                                                            | 16                                                                                                                                                                              |
| <b>Closed for the observance of Indigenous day</b>                                                                                                                                                                                                                                                              | 7:30 Open Gym<br>8:15 Pilates<br>9:30 Zumba<br><b><u>11:00 Mindful Meditation</u></b><br><b><u>1:00 Mahjong Mavens Jardineros</u></b><br><b><u>1:00 Billiards</u></b><br>1:00 Open Gym                        | 7:30 Open Gym<br><b><u>10:00 Project Linus</u></b><br>11:00 Enhance Fitness<br>3:15 Tai Chi                                                                                                                | 7:30 Open Gym<br>8:15 Pilates<br>9:30 Yoga<br>11:00 Enhance Fitness<br><b><u>1:00 Art Projects w/ Home School Homies in Activity room.</u></b>                | 7:30 Open Gym<br>8:30 Zumba<br>11:00 Enhance Fitness<br><b><u>1:00 Bingo</u></b><br><b><u>1:00 Billiards</u></b><br>1:00 Open Gym                                               |
| 19                                                                                                                                                                                                                                                                                                              | 20                                                                                                                                                                                                            | 21                                                                                                                                                                                                         | 22                                                                                                                                                            | 23                                                                                                                                                                              |
| 7:30 Open Gym<br><b><u>8:00 AAA Conference departure</u></b><br>9:00 Yoga<br>11:00 Enhance Fitness<br><b><u>1:00 Mahjong Misfits</u></b><br><b><u>1:00 Billiards</u></b><br>1:00 Open Gym                                                                                                                       | 730 Open Gym<br>8:15 Pilates<br>9:30 Zumba<br><b><u>1:00 Mahjong Mavens Jardineros</u></b><br>1:00 open gym<br><b><u>1:00 Billiards</u></b>                                                                   | 7:30 Open Gym<br><b><u>10:00 Project Linus</u></b><br>11:00 Enhance Fitness<br>1:00 Mo Fit<br><b><u>2:00 Advisory Council Meeting</u></b><br>3:15 Tai Chi                                                  | 7:30 Open Gym<br>8:15 Pilates<br>9:30 Yoga<br>1:00 Zumba Gold<br>1:00 Open Gym<br><b><u>1:00 Billiards</u></b>                                                | <b>Site Closed for Bi Annual training For Staff</b>                                                                                                                             |
| 26                                                                                                                                                                                                                                                                                                              | 27                                                                                                                                                                                                            | 28                                                                                                                                                                                                         | 29                                                                                                                                                            | 30                                                                                                                                                                              |
| 7:30 Open Gym<br>9:00 Yoga<br>11:00 Enhance Fitness<br><b><u>12:30 Card making w/ Kathy Morgan</u></b><br><b><u>11:00 Bingo trip to Jemez</u></b><br><b><u>1:00 Movie Monday @ Library</u></b><br><b><u>Hocus Pocus will be shown</u></b><br><b><u>1:00 Mahjong Misfits</u></b><br><b><u>1:00 Billiards</u></b> | 7:30 Open Gym<br>8:15 Pilates<br><b><u>9:00 Breakfast &amp; Wheels Museum \$7.00 entry fee</u></b><br>9:30 Zumba<br>11:00 Mindful Meditation<br><b><u>1:00 Mahjong Mavens Jardineros</u></b><br>1:00 Open Gym | 7:30 Open Gym<br><b><u>10:00 Project Linus</u></b><br>11:00 Enhance Fitness<br>3:15 Tai Chi                                                                                                                | 7:30 Open Gym<br>8:15 Pilates<br>9:30 Yoga<br>11:00 Enhance Fitness<br>1:00 Zumba Gold<br>1:00 Open Gym<br><b><u>1:00 Billiards</u></b>                       | 7:30 Open Gym<br>8:30 Zumba<br><b><u>11:00 Halloween Bash, Potluck, Music, Dance &amp; Birthday Social</u></b><br><b><u>1:00 BINGO</u></b><br><b><u>1:00 Billiards</u></b>      |