



AUGUST 2026



MONDAY 3	TUESDAY 4*	WEDNESDAY 5*	THURSDAY 6*	FRIDAY 7
Chicken Caesar Wrap w/Sliced Tomato, Shredded Romaine, Red Onion, Parm Cheese, LF Caesar Dressing Sliced Cucumber Carrot raisin salad Chilled Apricots	Green Chili Pork Stew w/Potatoes, Corn, Carrots And Onions Zucchini/Diced Tomatoes Cornbread w/Margarine Tropical Fruit Salad	Honey Mustard Chicken Breast Rice Pilaf Broccoli Tossed Salad Chilled Diced Peaches	Beef Lasagna Steamed Italian Veggies Garden Salad w/LF Dressing Wheat Roll Fresh Banana	BBQ Rib Sandwich w/Pickles & Red Onions French Fries French Cut Green Beans Cantaloupe
MONDAY 10*	TUESDAY 11*	WEDNESDAY 12*	THURSDAY 13	FRIDAY 14
Spaghetti & Meatball Marinara Sauce California Blend Veggies Green Salad w/LF Dressing Fruit Cocktail	Chicken Breat w/ Gravy Wild/brown rice blend Carrots and Green Beans Tossed Salad Mixed Berries Vanilla Yogurt	RC Cheese Enchiladas Pinto Beans Lettuce/Tomato/Onion Steamed Capri Veggies Pineapple Chunks	GC Cheeseburger Baked Potato Wedges Italian Green Beans Green Salad w/LF Dressing Spiced Peaches	Chef Salad w/Ham, Turkey, Shredded Cheese, Hard Boiled Egg, Cucumbe Tomatoes, Carrots, Red Cabbage WW Roll w/Margarine Chilled Fruit Cocktail
MONDAY 17*	TUESDAY 18	WEDNESDAY 19*	THURSDAY 20*	FRIDAY 21
Beef Stroganoff Mushrooms Bahama Blend Garden Salad w/LF Dressing WW Roll w/Margarine Apricots	Artichoke Chicken Herb Italian Rice Asparagus Tossed Salad w/LF Dressing Fresh Peach	Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Garden Salad w/LF Dressing WW Roll w/ Margarine Strawberries & Bananas	Chicken Parmesan Pasta w/Marinara Sauce Italian Veggies Caesar Salad w/LF Dressing Honeydew Melon	Egg Salad Sandwich Lettuce, Tomato Pickle Spear, Onion Carrot Raisin Salad W/Pineapple Chunks Fresh Banana
MONDAY 24*	TUESDAY 25	WEDNESDAY 26*	THURSDAY 27	FRIDAY 28
Baked Fish Taco Bowl Steamed Rice Fresh Made Pico De Gallo Pinto Beans Granny Smith Apple	Country Fried Steak Mashed Potatoes & Gravy Spinach Tossed Salad w/LF Dressing WW Roll w/ Margarine Plum	Santa Fe Chicken W/Black Beans/Corn Capri Veggies WW Roll w/ Margarine Tropical Fruit Salad	All Beef Hot Dog Peppers & Onions Baked Potato w/Margarine Stewed Tomatoes Fresh Peach Vanilla Yogurt	Turkey and Cheese Sandwich Lettuce, Tomato, Pickle Spear Red Onion Broccoli & Grape Salad Creamy Cucumber Salad Chilled Mandarin Oranges
MONDAY 31*				
Salisbury Steak w/ Gravy Parslied Potatoes Mushrooms Garden Salad w/LF Dressing WW Roll w/Margarine Fruited Jell-O		L F 1% Milk Served w/Each Meal Can Fruit in Light Syrup or Juice WW= Whole Wheat GC=Green Chili RC = Red Chili LF = Low-fat HM = Honey Mustard		Senior Meals Suggested Donation Lunch \$2.00 Under 60 years \$6.00 Service from 11:30 am Until 12:30 pm Menu Subject to Change