

Corrales Senior Center Calendar - August 2026 Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
8:30-9:30 Yoga w/ Julie 9:30 Hook, Yarn, and Needle 12:30 Craft Circle 2:00-3:00 Tai Chi 8:00-4:00 Open Gym	8:30 Zumba w/Dolores 9:45-10:30 Seated Zumba 8:00-4:00 Open Gym	9:00-10:00 Yoga w/Teri 10:00-11:00 Conversational Spanish Class 12:45 Bingo 8:00-4:00 Open Gym	8:30 Zumba w/Dolores 9:45 - 10:30 Seated Zumba 10:00 Project Linus (Quilt) 2:00 Ukulele Group 8:00-4:00 Open Gym	9-10 AM Line Dancing (Beg) 10-10:45 Line Dancing (Inter) 2:00 - 3:00 Tai Chi 8:00-4:00 Open Gym
10	11	12	13	14
8:30-9:30 Yoga w/ Julie 9:30 Hook, Yarn, and Needle 12:30 Craft Circle 2:00-3:00 Tai Chi 8:00-4:00 Open Gym	8:30 - Zumba 9:45 - 10:30 Seated Zumba 1:00 Grief Support 8:00-4:00 Open Gym	9:00-10:00 Yoga w/Teri 10:00-11:00 Conversational Spanish Class 12:45 Bingo 8:00-4:00 Open Gym	8:30 Zumba w/Dolores 9:45 - 10:30 Seated Zumba 10:00 Project Linus (Quilt) 2:00 Ukulele Group 8:00-4:00 Open Gym	9-10 AM Line Dancing (Beg) 10-10:45 Line Dancing (Inter) 2:00 - 3:00 Tai Chi 8:00-4:00 Open Gym
17	18	19	20	21
8:30-9:30 Yoga w/ Julie 9:30 Hook, Yarn, and Needle 12:30 Craft Circle 2:00-3:00 Tai Chi 8:00-4:00 Open Gym	8:30 - Zumba 9:45 - 10:30 Seated Zumba 1:00 Ukulele Performance 8:00-4:00 Open Gym	9:00-10:00 Yoga w/Teri 10:00-11:00 Conversational Spanish Class 12:45 Bingo 8:00-4:00 Open Gym	8:30 Zumba w/Dolores 9:45 - 10:30 Seated Zumba 10:00 Project Linus (Quilt) 2:00 Ukulele Group 8:00-4:00 Open Gym	9-10 AM Line Dancing (Beg) 10-10:45 Line Dancing (Inter) 2:00 - 3:00 Tai Chi 8:00-4:00 Open Gym
24	25	26	27	28
8:30-9:30 Yoga w/ Julie 9:30 Hook, Yarn, and Needle 12:30 Craft Circle 2:00-3:00 Tai Chi 8:00-4:00 Open Gym	8:30 Zumba w/Dolores 9:45-10:30 Seated Zumba 12:30 Short Film w/Rudy M 8:00-4:00 Open Gym	9:00-10:00 Yoga w/Teri 10:00-11:00 Conversational Spanish Class 12:45 Bingo 8:00-4:00 Open Gym	8:30 Zumba w/Dolores 9:45 - 10:30 Seated Zumba 10:00 Project Linus (Quilt) 2:00 Ukulele Group 8:00-4:00 Open Gym	9-10 AM Line Dancing (Beg) 10-10:45 Line Dancing (Inter) 2:00 - 3:00 Tai Chi 8:00-4:00 Open Gym
31				
8:30-9:30 Yoga w/ Julie 9:30 Hook, Yarn, and Needle 12:30 Craft Circle 2:00-3:00 Tai Chi 8:00-4:00 Open Gym				

Activities Date & Time Subject to Change