

This is an amendment to 16.27.6 NMAC, amending Section 8, effective 06/09/2026.

16.27.6.8 SUPERVISION:

A. Supervision. No supervision is required to practice with a LMFT independent license. The board strongly recommends that all independently licensed counselors and therapists have an ongoing consultation or peer review process in place.

B. Marriage and family therapy core curriculum, means a curriculum for training marriage and family therapists that includes 45 semester hours or 67.5 quarter hours of graduate level coursework that embraces a family systems perspective and consists of the following areas of graduate study:

(1) Marriage and family studies- a minimum of nine semester hours or 12 quarter-hours of graduate coursework. Course content in this area may include the study of the family life cycle, family development, family subsystems, family theories, blended families, gender issues and families, cultural issues and families, contemporary families, family and interpersonal relationships and family crisis. All courses in this area must come from a systems perspective where systems theory is a major focus of the course.

(2) Marriage and family therapy - a minimum of nine semester hours or 12 quarter hours of graduate coursework in family therapy assessment, treatment and intervention methods. Major theoretical approaches that may be studied include: strategic, structural, object relations family therapy, behavioral family therapy, communication family therapy, intergenerational family therapy and systemic sex therapy. Courses should have a major focus on family systems theory and systemic interventions.

(3) Human development - a minimum of nine semester hours or 12 quarter hours of graduate coursework. Courses in human development across the life span including special issues (e.g., culture, gender, human sexuality) would be appropriate. Topic areas may include human development, infant/child/adolescent development, psychopathology, personality theory, and human sexuality. Courses should have a systemic focus. Testing and measurement courses are NOT acceptable in this area.

(4) Multicultural studies - a minimum of three semester hours or four quarter hours of graduate coursework, includes a systemic orientation relevant to diverse racial ethnic populations.

(5) Professional studies- a minimum of three semester hours or four quarter hours of graduate coursework. Areas of study include legal issues and responsibilities, professional liabilities, and ethics related to the practice of marriage and family therapy. Religious ethics and moral theology courses are NOT acceptable in this area.

(6) Research a minimum of three semester hours or four quarter hours of graduate coursework. Courses in this area should assist the student in understanding and performing research. Topical areas may include: research design and methodology, quantitative methods and statistics. Personality and test and measurement courses are NOT accepted in this area.

(7) Supervised practicum - a minimum of six semester hours or eight quarter hours of graduate coursework. As part of the six semester hours or eight quarter hours of coursework, there must be a minimum of 300 hours of supervised direct client contact, for a period of at least 12 months. Practicum students may only count hours in which they work directly with individuals, couples, and families for the purpose of assessment, diagnosis and treatment in marriage and family related issues. Applicants who are deficit in the number of graduate credit hours required for supervised practicum may apply through the alternative pathway as detailed in 16.27.2.9 NMAC.

(8) Electives from any area listed above satisfy the 45 semester-hour or 67.5 quarter hour requirement. Remaining course work would be distributed as electives related to the areas listed above.

[16.27.6.8 NMAC - Rp 16 NMAC 27.1.7.5, 6/15/2001; A, 7/1/2004; A, 2/10/2006; A, 11/30/2021; A, 06/09/2026]