

This is an amendment to 16.3.2 NMAC, Section 8, effective 9/9/2025.

16.3.2.8 SCOPE OF PRACTICE: The practice of athletic training includes preventive services, emergency care, clinical assessment, therapeutic intervention and rehabilitation of injuries and medical conditions of athletes. Athletic trainers act as allied medical providers through collaboration with licensed physicians, pursuant to the written prescription, standing order or protocol of a licensed physician. In the absence of specific direction in the act or these regulations as to standards of practice, the standards of practice established by the national athletic trainers association, the BOC and the New Mexico athletic trainers association shall serve as guidelines.

A. The current competencies in athletic training issued by the NATA, the BOC or its successor organization are adopted as establishing the standard of practice and the authorized use of exercise and physical modalities by persons licensed under these regulations. Information for obtaining a copy of the competencies in athletic training may be obtained by calling or writing the board office.

B. The athletic trainer shall maintain the name and address of the licensed physician and standing orders or protocols which are currently established for the athletic trainer's practice. These records must be provided upon the request of the board or their designee.

C. The athletic trainer shall maintain records which shall include:

- (1) documentation in accordance with Subsection B or 16.3.2.8 NMAC;
- (2) athlete's case records which shall be confidential and consistent with the NATA's or its successor organization's current code of ethics.

D. The New Mexico Telehealth Act does not alter the scope of practice of any health care provider or authorize the delivery of health care services in a setting, or in a manner, not otherwise authorized by law.
[1/16/2000; 16.3.2.8 NMAC - Rn & A, 16 NMAC 3.2.8, 8/16/2001; A, 12/24/2021; A, 9/9/2025]