

TITLE 16 OCCUPATIONAL AND PROFESSIONAL LICENSING
CHAPTER 20 PHYSICAL THERAPISTS
PART 8 RENEWAL REQUIREMENTS AND CONTINUING EDUCATION

16.20.8.1 ISSUING AGENCY: New Mexico Physical Therapy Board.
[16.20.8.1 NMAC – Rp, 16.20.8.1 NMAC, 2/24/2022]

16.20.8.2 SCOPE: All individuals who wish to practice physical therapy in the state of New Mexico.
[16.20.8.2 NMAC - Rp, 16.20.8.2 NMAC, 2/24/2022]

16.20.8.3 STATUTORY AUTHORITY: Section 61-12-10 NMSA 1978.
[16.20.8.3 NMAC - Rp, 16.20.8.3 NMAC, 2/24/2022]

16.20.8.4 DURATION: Permanent.
[16.20.8.4 NMAC - Rp, 16.20.8.4 NMAC, 2/24/2022]

16.20.8.5 EFFECTIVE DATE: October 15, 1997, unless a later date is cited at the end of a section.
[16.20.8.5 NMAC – Rp, 16.20.8.5 NMAC, 2/24/2022]

16.20.8.6 OBJECTIVE: The objective of Part 8 of Chapter 20 is to inform licensees of continuing education requirements for license renewal.
[16.20.8.6 NMAC – Rp, 16.20.8.6 NMAC, 2/24/2022]

16.20.8.7 DEFINITIONS:

- A.** One “**contact hour**” requires 60 minutes.
 - B.** “**Lecture**” means an educational talk given by a qualified individual.
 - C.** “**Continuing professional education**” means learning experiences which enhance and expand the skills, knowledge, and abilities of physical therapists and physical therapist assistants to enable them to remain current and render competent professional service to clients, the profession, and the public.
 - D.** “**Fellowship**” means a planned program designed to provide greater depth in a specialty or subspecialty area and requires a minimum of 1000 hours of instruction.
 - E.** “**Panel**” means the presentation of views by several qualified individuals on a given subject.
 - F.** “**Workshop**” means a series of meetings designed for intensive study, skill development, or discussion in a specific field of interest.
 - G.** “**Seminar/In-service**” means directed study for a group for advanced study, work or discussion in a specific field of interest.
 - H.** “**Symposium**” means a conference of more than a single session organized for the purpose of discussing a specific subject from various viewpoints and by various speakers.
 - I.** “**Qualified Individual**” means a qualified licensed health professional who demonstrates or possesses the education, skill and experience in a particular area, or is an individual licensed to practice medicine, meaning they have completed the necessary education, training, and licensing requirements to diagnose, prescribe, and administer treatment for illnesses or injuries.
- [16.20.8.7 NMAC – Rp, 16.20.8.7 NMAC, 2/24/2022; A, 2/24/2026]

16.20.8.8 RENEWAL REQUIREMENT:

- A.** Renewal of license.
 - (1)** A licensed physical therapist and a physical therapist assistant shall apply for license renewal and pay the renewal fee as set forth in 16.20.5 NMAC, Schedule of Fees.
 - (2)** Licenses will be renewed biennially. Licenses will expire on February 1 following no more than two years of licensure.
- B.** The board office will send a renewal notice, in writing via electronic communication, to each licensee no later than December 15 at the electronic mail address on record. Timely renewal of license is the full and complete responsibility of the licensee. If the licensee does not receive the renewal notification within a reasonable time after December 15, it is the responsibility of the licensee to contact the board office. Non-receipt of the renewal form by the licensee will not exempt licensure expiration or late penalty fees.
- C.** Each licensee is responsible for submitting the required renewal fee by the expiration date whether

or not a renewal notice is received by the licensee and licensee shall not practice if license is expired.

D. All license renewals postmarked after February 1 will be subject to a late fee of \$250 for a physical therapist and \$120 for a physical therapist assistant. (Refer to 16.20.5 NMAC, Schedule of Fees.) [16.20.8.8 NMAC – Rp, 16.20.8.8 NMAC, 2/24/2022; A, 2/24/2026]

16.20.8.9 CONTINUING EDUCATION REQUIREMENT: Continuing education is required for license renewal of physical therapists and physical therapist assistants to ensure that New Mexico licensees are providing the highest quality professional services.

A. Thirty hours of continuing education is required biennially, except those who will renew their license for the first time. No continuing education is required of those who are renewing for the first time. All continuing education hours must be earned during the current two year renewal period of February 1 through January 31.

B. The board shall audit a percentage of renewal applications each year to verify the continuing education requirement. If the licensee is audited, proof of continuing education activity must be submitted.

(1) If a notice of audit is received, the licensee must submit evidence of continuing education hours earned during the current biennial renewal cycle to the board as requested and as required in the Physical Therapy Act and by this rule.

(2) In the renewal application, all licensees must sign an affidavit confirming completion of the required continuing education hours. It is recommended that licensees keep records of attendance from the previous renewal cycle.

(3) The board reserves the right to audit continuing education attendance certificates whenever there is reasonable doubt the courses submitted, dates, or hours may be incorrect.

C. Licensees serving in the armed forces reserve or national guard.

(1) The license of a physical therapist or physical therapist assistant who does not earn the required continuing education contact hours as provided in this section due to his or her call to active duty in the armed forces reserves or the New Mexico national guard, will not lapse for failure to earn continuing education hours.

(2) A physical therapist or physical therapist assistant who was or is called to active duty in the armed forces reserves or New Mexico national guard is required to provide official documentation that the licensee is a member of the armed forces reserves or the national guard and was or is being called to active duty.

(3) Upon the physical therapist or physical therapist assistant's return to civilian status, the licensee shall pay the license renewal fee and resume earning continuing education contact hours prorated according to the licensee's months of service as required to maintain his or her licensure as a physical therapist or physical therapist assistant. The amount of prorated hours shall be at the discretion of the board.

[16.20.8.9 NMAC – Rp, 16.20.8.9 NMAC, 2/24/2022; A, 2/24/2026]

16.20.8.10 CONTINUING EDUCATION CREDIT CARRYOVER: No carryover hours will be permitted.

[16.20.8.10 NMAC – Rp, 16.20.8.10 NMAC, 2/24/2022; A, 2/24/2026]

16.20.8.11 FAILURE TO MEET CONTINUING EDUCATION REQUIREMENTS: Failure to fulfill continuing education requirements will result in the board declining to renew a physical therapist or physical therapist assistant license under the Uniform Licensing Act.

[16.20.8.11 NMAC – Rp, 16.20.8.11 NMAC, 2/24/2022; A, 2/24/2026]

16.20.8.12 APPROVAL OF CONTINUING EDUCATION CONTACT HOURS:

A. The process for approval of continuing education is as follows:

(1) The board designates the New Mexico American Physical Therapy Association (NMAPTA), a chapter of the American Physical Therapy Association (APTA), to approve each request for continuing education credit prior to completing or holding the course. Should the licensee or applicant not receive a response to their continuing education course application within six months, the licensee or applicant may request course review from the board;

(2) the party requesting approval will be informed of the board's or designee's determination within 30 calendar days of receipt of the request;

(3) the course sponsor or licensee whose request has been denied may appeal the denial at the next board meeting; and

(4) the same program may be provided more than one time and at different locations within the calendar year in which the fee was paid without the payment of additional fees.

B. Programs must follow the criteria and guidelines established by the board as follows to receive continuing education credit:

(1) each program or any course(s), with board approval that are sponsored by the APTA/NMAPTA will automatically be accepted for CEU approval without the need to apply for such approval;

(2) each program addresses (problems and issues) faced by physical therapists and physical therapist assistants;

(3) each program has specific written learning outcomes (objectives) based on identified needs;

(4) each program is planned and conducted by qualified individuals;

(5) program content and instructional methods for each program are based on learning objectives; and

(6) participants demonstrate their attainment of the learning outcomes, (i.e., various methods can be used such as: questions, discussions, written oral exercises, problems, case studies, etc.); and

C. Final determination of values of continuing education will remain at the discretion of the board.

D. Programs considered appropriate for continuing education, include, but are not limited to those listed below.

(1) **Live programs**, (i.e., various programs such as workshops, in-service two-way video conferencing, etc.) awarded by providing the board with the following:

(a) certificate of completion;

(b) course schedule;

(c) learning outcomes (objectives); and

(d) name of instructor and credentials; 30 contact hours will be accepted).

(2) In the case of **university or college courses** taken for credit, provide the board with:

(a) name of course;

(b) number of course credit hours;

(c) inclusive dates of attendance;

(d) name of instructor and instructor's credentials;

(e) published course description from college or university;

(f) completed transcript or grade report with a passing grade of "C" or better;

(g) name of institution; and

(h) brief course summary demonstrating the course's relationship to physical

therapy; (maximum 30) contact hours are awarded for each three credit course).

(3) Physician **in-service programs** or regular physical therapy staff in-service programs, provide the board with:

(a) name of program;

(b) number of hours spent in program;

(c) inclusive dates of attendance;

(d) name of instructor or supervisor of program; documentation of instructor

background and expertise;

(e) name of institution; and

(f) brief course summary demonstrating the course's relationship to physical

therapy; (maximum allowed biennially is 30 contact hours).

(4) **Management courses:** (maximum allowed biennially is 15 contact hours.)

(5) **Preparation or presentation of a workshop/in-service**, awarded on a case by case basis for any one given presentation, by providing the board the following:

(a) proof of preparation may be an outline, copy of handouts, copy and

(b) a copy of the agenda showing name of licensee as presenter; (maximum allowed biennially is 15 contact hours);

(c) contact hours for the presenter will be calculated at three times the number of hours of audience participation (e.g., a two hour workshop equals six hours for the presenter).

(6) **Certificate courses for an advanced specialty**, provide the board a certificate of completion signed by the program sponsor. (Maximum allowed biennially is 30 contact hours.)

(7) **Reading journal articles**, provide the board the following:

(a) title of article and journal;

(b) author and author's credentials'; and
(c) summary (subject of article, what was learned, and how it relates to the physical therapy scope of practice or the licensee's position; (maximum allowed per article is one-half contact hour); (maximum allowed biennially is 15 contact hours).

(8) **Conducting physical therapy research**, provide the board the following:
(a) title and description of research project, including brief timeline;
(b) names of other persons involved in project (i.e., co-investigators or supervisors);
(c) a brief statement indicating how participation in the project is related to the licensee's present or future position in the field of physical therapy;
(d) a brief statement indicating how participation in the project is benefiting the applicant's therapy skills or research skills; and
(e) provide a copy of the research report (if project has been completed); (if report is incomplete), credit will be allowed by providing the listed information or by receipt of the college transcript; (the board will determine the number of contact hours allowed); (maximum allowed biennially is 30 contact hours).

(9) **Home study courses**, awarded by providing the board with the following:
(a) certificate of completion;
(b) course schedule;
(c) learning outcomes (objectives); and
(d) name of instructor and credentials; (maximum allowed biennially is 30 contact hours).

(10) **Internet courses**, awarded by providing the board with the following:
(a) certificate of completion;
(b) course schedule;
(c) learning outcomes (objectives); and
(d) name of instructor and credentials; (maximum allowed biennially is 30 contact hours).

(11) **Alternative medicine seminars**, provide the board a letter from the licensee explaining how the course relates to the physical therapy scope of practice. The board will approve these courses on a case by case basis.

(12) **Courses where certificates of attendance are not issued**, provide the board the following:
(a) Proof of registration or proof of attendance;
(b) proof of transportation (i.e., copy of plane ticket and hotel receipt); and
(c) list of courses attended and hours attended (i.e., copy descriptions of courses and hours from program agenda).

(13) **Credit for supervising a student in clinical education**, provide the board with a copy of the cover and signature page (with student's name blacked out to maintain confidentiality) of the student evaluation completed by the licensee-supervisor. One continuing education contact hour may be approved for each 40 contact hours of supervision in clinical education. The maximum number of continuing education contact hours approved for supervision in clinical education is 15 contact hours biennially.

(14) **Residencies, fellowships, and examinations.**
(a) Successful completion of a specialty examination may be submitted for continuing education consideration. A list of the specialty examinations that qualify for continuing education will be maintained by the board. The maximum number of continuing education contact hours is 30 biennially.
(b) Successful completion of an American physical therapy association (APTA) credentialed residency or fellowship program may be submitted for continuing education consideration. The maximum number of continuing education contact hours is 30 biennially.
(c) Successful completion of an examination of the federation of state boards of physical therapy pertaining to continued competence may be submitted for continuing education consideration. The maximum number of continuing education contact hours is 30 biennially.

(15) **The American Physical Therapy Association code of ethics for physical therapists and standards of ethical conduct for physical therapist assistants**, online course or live program, awarded by providing the board with the following:

- (a) certificate of completion;
- (b) course schedule;
- (c) learning outcomes (objectives); and

(d) name of instructor and credentials; (the maximum number of contact hours awarded will be accepted).

(16) **Education presentations on state and federal legislative updates, and APTA house of delegates at NMAPTA business meetings**, awarded by providing the board with the following:

(a) proof of attendance;
(b) outline of agenda; and
(c) name of instructor and instructor's credentials; (maximum allowed biennially is eight contact hours or four contact hours annually).

E. Ineligible activities include, but are not limited to:

(1) orientation and in-service programs dealing with organizational structures, processes, or procedures;

(2) meetings for purposes of policy making;

(3) annual association, chapter, district, or organizational and non-educational meetings;

(4) entertainment or recreational meetings or activities;

(5) committee meetings, holding of offices, serving as an organizational delegate;

(6) visiting exhibits; and

(7) CPR education.

[16.20.8.12 NMAC – Rp, 16.20.8.9 NMAC, 2/24/2022; A, 2/24/2026]

HISTORY of 16.20.8 NMAC:

Pre-NMAC History: The material in this part was derived from that previously filed with State Records and Archives:

Rule 80-1, Continuing Education, filed 4/18/1980

Rule 80-2, New Rules and Regulations (Continuing Education), filed 4/18/1980

Rule 83-8, Continuing Education, filed 3/29/1983

Rule 88-7, Continuing Education, filed 2/19/1988

Rule 89-7, Continuing Education, filed 8/1/1989

Rule 91-7, Continuing Education, filed 5/8/1991

Rule 92-7, Continuing Education, filed 9/3/1992

Rule 92-7, Continuing Education, filed 1/28/1993

Rule 89-11, Preferred Provider of Continuing Education Units, filed 8/1/1989

Rule 91-11, Preferred Provider of Continuing Education Units, filed 5/8/1991

Rule 92-11, Preferred Provider of Continuing Education Units, filed 9/3/1992.

History of the Repealed Material:

16.20.8 NMAC, Renewal Requirements and Continuing Education (filed 8/14/2000) Repealed effective 2/24/2022

Other History:

Rule 92-7, Continuing Education (filed 1/28/1993) renumbered, reformatted, amended and replaced by 16 NMAC 20.8, Continuing Education, effective 10/15/1997.

16 NMAC 20.8, Continuing Education (filed 9/30/1997) renumbered, reformatted, amended and replaced by 16.20.8 NMAC, Continuing Education, effective 8/31/2000.

16.20.8 NMAC, Renewal Requirements and Continuing Education (filed 8/14/2000) Replaced by 16.20.8 NMAC, Renewal Requirements and Continuing Education, effective 2/24/2022